



# Hear the **FACTS** about **TINNITUS**

## *Diagnosis and Treatment*

### ***What is Tinnitus?***

Also known as "Head Noise", tinnitus is the perception of sound in one or both ears when no external sound is present.

A condition affecting millions of people and for a small percentage, limiting their ability to function normally on a daily basis.

### ***Causes and Symptoms of Tinnitus***

Symptoms may relate to a range of causes, including noise induced hearing loss, excess ear canal wax, ear infections, medicinal side effects or head injury. For some of those affected, loud "Head Noise" severely limits their ability to hear normal speech over the "ringing" in their ears.

Those with tinnitus may hear sounds similar to:

**BUZZING**



**RINGING**



**WIND**



**CHIRPING**



**ROARING**



### ***Diagnosis*** Your Hearing Healthcare Provider will:

- Take a case history to understand how tinnitus affects your daily function.
- Perform specialized tests to evaluate the type and severity of your tinnitus.
- Create a collaborative treatment plan that effectively manages your tinnitus.
- As necessary, coordinate with your Physician to order a CT or MRI scan.

### ***How can a Hearing Healthcare Provider and Physician Team improve YOUR quality of life?***

#### **BY RECOMMENDING:**

»»»» Sound Therapy



»»»» Avoiding and Managing Stress



»»»» Counseling

